

## GDC Rajpora organizes awareness program on “Curbing Narcotics-A Religious Perspective”

Government Degree College Rajpora in collaboration with the NGO Al-Ansar Foundation J&K Rajpora organized an awareness programme on the theme “**Curbing Narcotics-A Religious Perspective**” on 11-03-2024. The function was held in the Conference Room of the college and was attended a large gathering of students, staff, volunteers of the NGO and some invited guests.

The program started with Husne Qiraat by Sahil Ahmad followed by Husne Naat by Roomi Jan. Imran Bilal from Al-Ansar Foundation briefly highlighted the role played by the NGO in catering to the common good of the people of the UT like organizing different Medical Camps, participating in the community service initiatives, disaster management programmes and health related campaigns. Prof Gh Mohiuddin from the host college formally welcomed the guests and the participants and shed light on the Islamic perspective on curbing the menace of narcotics. He said that the Quran and the Prophet of Islam have unequivocally denounced the use of all sorts of intoxicants and narcotics and pinpointed how these substances rob their addicts physically, mentally, financially and spiritually.

Prof Rumisa Nazir talked about the meaning of drugs and drug abuse and described hazardous effects of different drugs like heroin, crack and cocaine. She said that the number of drug addicts has increased manifold over the years and that the addicts resort to injections, sniffing and snouting to satisfy their urge. She said that the awareness should go to schools and all the religious places whereby the message will reach every household. She advised the students to convey this awareness to their family members and display strength and boldness while facing different challenges of life. Community Health Officer Rajpora Bashir Ahmad said that the number of addicts in India has exceeded 65 thousand and the government departments are working on different aspects of narcotic control like drug reduction, demand reduction and harm reduction. He said that Faith and strong will are the best tools to tackle drug addiction.

Dr Syed Shakir from CHC Rajpora elaborated on the role of smoking in promoting drug addiction and termed smoking as slow suicide. He said that smoking leads to sudden heart attacks, cancer of mouth, lungs, and liver and is the major cause of chronic obstructive pulmonary disease (COPD). He said that a single cigarette decreases ten days in our life and therefore all people should avoid smoking. Strong belief in hereafter is the most effective deterrent to shun narcotics. We should respect our parents, elders and teachers and follow their advice; then only we can save ourselves from the nuisance of drugs. Syed Bashir Ahmad, Chairman Al-Ansar

Foundation J&K Rajpora proposed formal vote of thanks while Dr Aftab Ahmad Shah hosted the proceedings of the event.

