

GDC Rajpora organizes lecture series on “Harmful Effects of Tobacco”

The NCORD Cell Government Degree College Rajpora organized a lecture series on the theme “Harmful Effects of Tobacco” on 23rd and 25th November 2024. The lectures were held in the Conference Room of the college and were attended by a gathering of students and staff. The lectures were intended to bring awareness among the students and the staff about the menace of Tobacco use which has emerged as a serious public health concern in India over the years.

On 23rd October, Dr Mudasir Ahmad Qazi from the department of Political Science presented an elaborate Power point presentation and talked about the meaning of drugs and drug abuse and described hazardous effects of different drugs and Tobacco use. He said that the number of Tobacco users has increased manifold over the years and that the addicts suffer from many life taking diseases. He said that the awareness should go to schools, colleges and all the religious places whereby the message will reach every household. He advised the students to convey this awareness to their family members and display strength and boldness while facing different challenges of life.



Prof Gh Mohiuddin from the department of English elaborated on the role of smoking in promoting drug addiction and termed smoking as slow suicide. He said that smoking leads to sudden heart attacks, cancer of mouth, lungs, and liver and is the major cause of chronic obstructive pulmonary disease (COPD). He said that a single cigarette decreases ten days in our life and therefore all people should avoid smoking. Strong belief in hereafter is the most effective deterrent to shun narcotics. We should respect our parents, elders and teachers and follow their advice; then only we can save ourselves from the nuisance of drugs.

